

BREAKFAST (until 11:30am)

Pancakes	V	16.8
three fluffy pancakes with caramelised banana , walnuts, ice cream & maple syrup or with fresh strawberries , ice cream & maple syrup		
The Big Spoon	GFO	26.8
eggs, bacon, chipolatas, mushrooms, potato rosti, tomato, & spanish house-made beans on sourdough		
Healthy Start	GFO	26.8
tasmanian smoked salmon, poached eggs, cyprus haloumi, avocado & sourdough toast		
Spanish Omelette	VO	17.8
chorizo, cherry tomatoes, onion, light sour cream, tasty cheese, herbs & roquette		
Spicy House-Made Baked Beans & Eggs	GFO	17.9
with soft poached eggs, lemon, roquette & paprika		

ALL DAY (until 3pm)

Bircher Muesli	V	14.8
with cinnamon honey yoghurt & fresh seasonal fruit		
Eggs and Toast	V, GFO	12.9
eggs poached, fried or scrambled with grilled tomato & sourdough toast.		
Eggs Benedict		19.9
poached eggs, sautéed spinach & chef's own hollandaise on toasted turkish bread		
	GFO	
with doubled smoked bacon	V, GFO	
with mushrooms	GFO	
with shaved ham	GFO	
with tasmanian smoked salmon	GFO	
Seasonal Fresh Fruit Salad	V, GFO	13.8
fresh seasonal fruits with cinnamon honey yoghurt		
Smashed Avo	GFO	16.5
avocado with lemon & grilled sourdough		
Wake Me Up Burger	GFO	21.9
with bacon & egg, avocado, roquette & house-made tomato relish		

EXTRAS (available with meals)

add a condiment	1 ea
house-made jam, honey, vegemite, or peanut butter	
add an extra sauce side	2 ea
hollandaise, garlic aioli, sour cream cream cheese philli, ricotta, tomato relish, chilli or bbq	

GF bread instead (substitute)	2
extra toast (x1)	3.8 ea
extra egg with meal	4.5 ea
roasted tomatoes	
sautéed spinach	
swiss, tasty or grated cheese	
fetta danish smooth	

sautéed mushrooms	5 ea
chorizo	
pork & parsley chipolatas	
house-made baked beans	
fresh shaved ham	
potato rösti	
double smoked bacon	
fresh avocado	5.5 ea
cyprus haloumi	
tasmanian smoked salmon	

LUNCH (11:30am to 3pm)

Cheese Burger Baby	GFO	18.9
beef & red cheddar, tomato, lettuce, pickles, onions, dijon mustard & tomato sauce		
Grilled Chicken Sandwich	GFO	18.9
grilled chicken breast, avocado, swiss cheese, tomato, garlic aioli & tomato relish on turkish bread		
Five Spice Chicken Salad	GFO	23.9
grilled chicken breast salad, rice noodles, lettuce, radish, alfalfa, grilled lime with sweet chilli & lime dressing		
Fettuccine Pan Fried Prawns & Chorizo		23.8
fettuccine with garlic prawns, a hint of cream, chorizo, tomato, garlic, napoli sauce, shaved parmesan & lemon slice on the side		
Salt & Pepper Baby Squid with a Dip Trio		23.8
served with a trio of garlic aioli, tartare, & sweet chilli & lime		

Today's Fresh Salads Sml 9.9 Lrg 13.9
everyday a new selection of new fresh salads

Soup of the Day 14.8
see daily specials board. served with crusty bread
or as a 16oz take away. get your soup & bread to go

Caprese Tomato Bruschetta V, GFO 14.8
with bocconcini cheese, tomato, basil
& cracked black pepper on sourdough

Mushroom Bruschetta V, GFO 14.8
sautéed mushroom bruschetta with
a hint of garlic & basil on sourdough

Cheese and Salami Platter GFO 32.8
brie cheese, hungarian salami, white
grapes, hommus dip & turkish bread (serves 2)

Chips (with tomato or garlic aioli)
beer battered or sweet potato V Sml 5.5 Lrg 8.9

Gourmet Sandwiches toasted with garnish & relish
bacon & egg on turkish 13.8
chicken, ham or bacon with tomato &/or cheese 9.6



P A T I S S E R I E (all day till close)

- Desserts** VO, GFO frm 5 to 9
desserts display in store with a wide selection of cakes, cheesecakes, slices, tarts, friands & kids cupcakes
- Crusty Breads** V, GFO 6.9
toasted sourdough, turkish, or multigrain, served with house-made jam, honey, vegemite or peanut butter
- Middle Eastern Fruit Toast** V 8.9
served with house-made berry jam & butter
- Croissant**
with house-made jam & butter V 8.8
with shaved ham & swiss cheese VO 10.2
- Scones** V 5.7
house-made fruit or plain scones
with house-made jam & fresh whipped cream
- Muffins** V 5.7
savoury or sweet house-made muffin served with fresh whipped cream or butter

S M O O T H I E S & F R A P P E S 7.9

- Green Booster** with kale, parsley, celery, mint, mango & apple juice
- Berry Antioxidant** with skim milk & yoghurt sorbet
- Coffee Classic** with espresso & whipped cream
- Mocha Mania** with coffee, chocolate, ice cream, & whipped cream
- Choco Hazelnut** with yoghurt, honey & ice cream
- Mango Passion** with passionfruit & lemon sorbet
- Mango Coco** with shredded coconut & yoghurt sorbet
- Banana Splitz** with honey & yoghurt sorbet

- EXTRAS** 1 ea
coffee extra shot protein booster
decaf extra fruits & flavours
soy, zymil, or almond milk
extra ice cream 1.5 ea

M I L K S H A K E S SMALL 5.9 LARGE 7.9

- EXTRAS** 1 ea
Chocolate protein booster
Coffee soy, zymil or almond milk
Coffee & Salted Caramel coffee extra shot
Caramel decaf
Banana whipped cream
Lime hazelnut syrup
Strawberry malt
Vanilla extra fruits & flavours
thickshake instead 1.5

C O F F E E S

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|-----------------|-----|--------------------|-----|
| Espresso | 4 | Chai Latte | 5.5 |
| Short Macchiato | | Hot Chocolate | |
| Piccolo | | EXTRAS | |
| Flat White | 4.5 | mug | 1.0 |
| Cappuccino | | extra shot | 0.8 |
| Caffé Latte | | decafe | 0.9 |
| Doppio | | soy, zymil, almond | 0.9 |
| Long Black | | pouring cream | 0.5 |
| Long Macchiato | | honey | 0.5 |
| Mocha | 5 | marshmallows | 0.9 |
| Dirty Chai | | baby chino | 2.5 |

T E A S 4.5

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|-------------------|---------------------|
| English Breakfast | Sencha |
| Earl Grey | Lemongrass & Ginger |
| Chai Tea | Peppermint |

EXTRAS 0.5

- soy, zymil, almond, pouring cream or honey
T2's range of boxed teas are available for purchase in store

S U P E R J U I C E S SMALL 5.9 LARGE 7.9

- Daily Fruit n Veg** with apple, orange, celery, carrot & tomato
- Slim Detox** with carrot, apple, beetroot & ginger
- Immune Defence** with ginger, orange, lemon, apple & pineapple
- Energy Burst** with watermelon, orange, pineapple & mint
- Endurance** with apple, orange, pineapple & carrot

- EXTRAS** 1 ea
add extra flavours or fruits

W I N E S

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|-------------------------------|----------|----------|
| Whites | g | b |
| Sauvignon Blanc green-skinned | 8 | 38 |
| Pinot Grigio white grape | 8 | 38 |

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| Sparkling | b |
| Prosecco 200ml | 12 |
| Brut 750ml | 38 |

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| Reds | g | b |
| Cabernet Sauvignon | 8 | 38 |
| Pinot Noir | 8 | 38 |

B E E R S **C R A F T B E E R S**

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|-----------------------|-----|------------------------|-----|
| Cascade Premium Light | 6.5 | James Squire One Fifty | |
| Peroni | 7.8 | Lashes Pale Ale | 9.5 |
| Corona | 7.8 | Fat Yak Pale Ale | 8.5 |

