

BREAKFAST (until 11:30am)

Pancakes	V	16.8
three fluffy pancakes with caramelised banana , walnuts, ice cream & maple syrup or with fresh strawberries , ice cream & maple syrup		
The Big Spoon	GFO	26.8
eggs, bacon, chipolatas, mushrooms, potato rosti, tomato, & spanish house-made beans on sourdough		
Healthy Start	GFO	26.8
tasmanian smoked salmon, poached eggs, cyprus haloumi, avocado & sourdough toast		
Spanish Omelette	VO	17.8
chorizo, cherry tomatoes, onion, light sour cream, tasty cheese, herbs & roquette		
Spicy House-Made Baked Beans & Eggs	GFO	17.9
with soft poached eggs, lemon, roquette & paprika		

ALL DAY (until 3pm)

Bircher Muesli	V	14.8
with cinnamon honey yoghurt & fresh seasonal fruit		
Eggs and Toast	V, GFO	12.9
eggs poached, fried or scrambled with grilled tomato & sourdough toast.		
Eggs Benedict		19.9
poached eggs, sautéed spinach & chef's own hollandaise on toasted turkish bread		
with doubled smoked bacon	GFO	
with mushrooms	V, GFO	
with shaved ham	GFO	
with tasmanian smoked salmon	GFO	
Seasonal Fresh Fruit Salad	V, GFO	13.8
fresh seasonal fruits with cinnamon honey yoghurt		
Smashed Avo	GFO	16.5
avocado with lemon & grilled sourdough		
Wake Me Up Burger	GFO	21.9
with bacon & egg, avocado, roquette & house-made tomato relish		

EXTRAS (available with meals)

add a condiment	1 ea	GF bread instead (substitute)	2
house-made jam, honey, vegemite, or peanut butter		extra toast (x1)	3.8 ea
add an extra sauce side	2 ea	extra egg with meal	4.5 ea
hollandaise, garlic aioli, sour cream cream cheese philli, ricotta, tomato relish, chilli or bbq		roasted tomatoes	
		sautéed spinach	
		grilled asparagus	
		swiss, tasty or grated cheese	
		fetta danish smooth	

sautéed mushrooms	5 ea
chorizo	
pork & parsley chipolatas	
house-made baked beans	
fresh shaved ham	
potato rösti	
double smoked bacon	
fresh avocado	5.5 ea
cyprus haloumi	
tasmanian smoked salmon	

LUNCH (11:30am to 3pm)

Cheese Burger Baby	GFO	18.9
beef & red cheddar, tomato, lettuce, pickles, onions, dijon mustard & tomato sauce		
Grilled Chicken Sandwich	GFO	18.9
grilled chicken breast, avocado, swiss cheese, tomato, garlic aioli & tomato relish on turkish bread		
Five Spice Chicken Salad	GFO	23.9
grilled chicken breast salad, rice noodles, lettuce, radish, alfalfa, grilled lime with sweet chilli & lime dressing		
Fettuccine Pan Fried Prawns & Chorizo		23.8
fettuccine with garlic prawns, a hint of cream, chorizo, tomato, garlic, napoli sauce, shaved parmesan & lemon slice on the side		
Pan Fried Snapper	GFO	28.8
with spicy chickpeas, gremolata & roasted tomato		
Salt & Pepper Baby Squid with a Dip Trio		23.8
served with a trio of garlic aioli, tartare, & sweet chilli & lime		

Today's Fresh Salads	Sml 9.9	Lrg 13.9
everyday a new selection of new fresh salads		
Soup of the Day		14.8
see daily specials board. served with crusty bread or as a 16oz take away. get your soup & bread to go		
Caprese Tomato Bruschetta	V, GFO	14.8
with bocconcini cheese, tomato, basil & cracked black pepper on sourdough		
Mushroom Bruschetta	V, GFO	14.8
sautéed mushroom bruschetta with a hint of garlic & basil on sourdough		
Cheese and Salami Platter	GFO	32.8
brie cheese, hungarian salami, white grapes, hommus dip & turkish bread (serves 2)		
Chips (with tomato or garlic aioli)		
beer battered or sweet potato	V	Sml 5.5 Lrg 8.9
healthy crispy oven cooked fries (GF)	V, GFO	Sml 5.5
Gourmet Sandwiches toasted with garnish & relish		
bacon & egg on turkish		13.8
chicken, ham or bacon with tomato &/or cheese		9.6



P A T I S S E R I E (all day till close)

Desserts	VO, GFO	frm 5 to 9
desserts display in store with a wide selection of cakes, cheesecakes, slices, tarts, friands & kids cupcakes		
Crusty Breads	V, GFO	6.9
toasted sourdough, turkish, or multigrain, served with house-made jam, honey, vegemite or peanut butter		
Middle Eastern Fruit Toast	V	8.9
served with house-made berry jam & butter		
Croissant		
with house-made jam & butter	V	8.8
with shaved ham & swiss cheese	VO	10.2
Scones	V	5.7
house-made fruit or plain scones with house-made jam & fresh whipped cream		
Muffins	V	5.7
savoury or sweet house-made muffin served with fresh whipped cream or butter		
Danish	V	6.9
apple, apricot or berry. flavours change daily		

S M O O T H I E S & F R A P P E S 7.9

- Green Booster** with kale, parsley, celery, mint, mango & apple juice
- Berry Antioxidant** with skim milk & yoghurt sorbet
- Coffee Classic** with espresso & whipped cream
- Mocha Mania** with coffee, chocolate, ice cream, & whipped cream
- Choco Hazelnut** with yoghurt, honey & ice cream
- Mango Passion** with passionfruit & lemon sorbet
- Mango Coco** with shredded coconut & yoghurt sorbet
- Banana Splitz** with honey & yoghurt sorbet

EXTRAS		1 ea
coffee extra shot	protein booster	
decaf	extra fruits	
soy, zymil, or almond milk	extra flavours	
extra ice cream		1.5 ea

M I L K S H A K E S SMALL 5.9 LARGE 7.9

	EXTRAS	1 ea
Chocolate	protein booster	
Coffee	soy, zymil or almond milk	
Coffee & Salted Caramel	coffee extra shot	
Caramel	decaf	
Banana	whipped cream	
Lime	hazelnut syrup	
Strawberry	malt	
Vanilla	extra fruits or extra flavours	
	thickshake instead	1.5

C O F F E E S

Espresso	4	Chai Latte	5.5
Short Macchiato		Hot Chocolate	
Piccolo		EXTRAS	
Flat White	4.5	mug	1.0
Cappuccino		extra shot	0.8
Caffé Latte		decafe	0.9
Doppio		soy, zymil, almond	0.9
Long Black		pouring cream	0.5
Long Macchiato		honey	0.5
Mocha		marshmallows	0.9
Ristretto		baby chino	2.5

T E A S 4.5

English Breakfast	Sencha
Earl Grey	Gorgeous Geisha
Darjeeling	Just Chamomile
Chai Tea	Detox
Brisbane Breakfast	Lemongrass & Ginger

EXTRAS	0.5
soy, zymil, almond, pouring cream or honey	
T2's range of boxed teas are available for purchase in store	

S U P E R J U I C E S SMALL 5.9 LARGE 7.9

- Daily Fruit n Veg** with apple, orange, celery, carrot & tomato
- Slim Detox** with carrot, apple, beetroot & ginger
- Immune Defence** with ginger, orange, lemon, apple & pineapple
- Energy Burst** with watermelon, orange, pineapple & mint
- Endurance** with apple, orange, pineapple & carrot

EXTRAS	1 ea
add extra flavours or fruits	

W I N E S

Whites	g	b
Sauvignon Blanc green-skinned	8	38
Pinot Grigio white grape	8	38
Sparkling		b
Prosecco 200ml		12
Brut 750ml		38
Reds	g	b
Cabernet Sauvignon	8	38
Pinot Noir	8	38

B E E R S

		CRAFT BEERS	
Cascade Premium Light	6.5	James Squire One Fifty	
Peroni	7.8	Lashes Pale Ale	9.5
Corona	7.8	Fat Yak Pale Ale	8.5
		Coopers Mild Ale	8.5

